

Nasal Manipulation Under Anaesthesia

A Patients Guide

Why do I need this operation?

This procedure is recommended if you have recently experienced trauma that resulted in a broken nose. Sometimes the injury causes a deviation or fracture, and you may notice that you have trouble breathing or your nose appears crooked.

Before any surgery you will need an approved Nasal Injury ACC45 claim. This claim must be accepted we see you in person.

We recommend having this operation within 2–3 weeks of the injury. The success rate is higher when the nasal bones are manipulated before they heal from the initial trauma.

The goal of this procedure is to restore your nose to its original shape and improve any blockage symptoms caused by the injury.

What happens in the surgery?

A nasal MUA usually takes 15–25 minutes and is performed under general anaesthesia (GA). During the procedure, David will gently reposition the nasal bones back into their original alignment. After the operation, you will be transferred to the recovery area, where you will remain for a few hours while you wake up from the anaesthetic.

Leaving the Hospital

You can usually go home the same day if you live close enough to emergency care and have an adult at home to help you. If your operation was performed using Local Anaesthetic, we will monitor you for 30 minutes – 1 hour after the procedure.

Medical Leave

Plan for 24 – 28 hours off work. You can return to regular light duties the following day. We recommend avoiding all contact activities for 4-6 weeks or until your nose has fully healed.

Seek Emergency Care

If there is a large amount of fresh blood (more than 1 to 2 teaspoonfuls) or if the bleeding continues for more than 10 minutes, dial 111 within New Zealand and ask for emergency medical help.

You will need to be assessed as soon as possible at your local hospital. There is 24 hour on call care at ENT Whangārei Hospital where David and his consultant colleagues share the on-call duties.

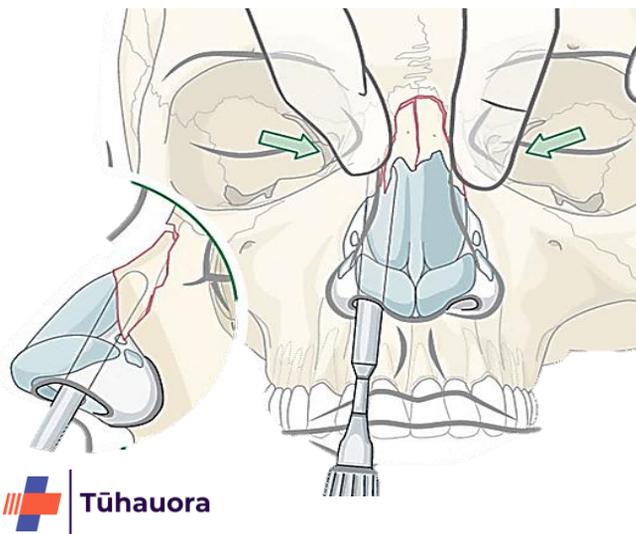
If you live in the mid/far north present to Kawakawa or Kaitaia hospital for review.

Contact:

Tūhauora Clinic	Ph: 09 55 33 781
Whangārei Hospital	Ph: 09 430 4100
Kaitaia Emergency	Ph 408 9180
Ambulance	Ph: 111

What is A MUA?

A MUA is an operation to correct a newly fractured or deviated nose by manipulation or straightening of the nasal bones. This can be performed under Local or General Anaesthesia depending on the complexity and severity of the break.



Pain & Discomfort

Minimal discomfort is normal and may fluctuate in the first few days. It usually takes a couple of weeks to improve.

After your Surgery

- You may have a splint on your nose. Please keep it in place for approximately one week. Ensure you keep your nose protected for 2 – 3 weeks from knocks, bangs or hard contact.
- Swelling and bruising should settle slowly over six weeks. If after 6 weeks you are not happy with the outcome, please contact our team.
- If appropriate, you may require a more significant surgery such as rhinoplasty or septorhinoplasty to improve the function of your nose.

Follow Up Appointments

An appointment in clinic is not necessary unless David feels you need to be seen in person. You will receive an automatic email reminder 2 days after your discharge. If applicable, the follow up appointment will be booked 6 to 8 weeks post your surgery. Please send us photos of your nose 8 weeks after your operation to compare.

Success Rate

Most Nasal Manipulations are successful, however further surgery can be discussed if you have concerns with the look or function of your nose.